

# Restrictive Practices within Human Services

An Exploration of the Fundamental Issues that arise with the use of Restrictive Practices within Human Services

**FRIDAY 30 JUNE, 2017**

**PARRAMATTA**

Restrictive practices are all too commonly used as a strategy for containing many marginalised groups such as people with disability, the elderly and people with mental health issues. What is often not explored is the culture and environments that exist within human services that has led to the expectation that many people will need some sort of restraint to maintain their day to day lives. This will be highly relevant to anyone involved in the use of restrictive practices within human services and is wanting to gain a deeper understanding of the implications that these practices have on the people they serve.

Topics explored on the day include:

- What are the different types of restrictive practices?
- Common risks and dangers associated with these
- Misconceptions of the use of restrictive practices
  - The personal and social costs associated
- Proposed guidelines for how to approach the issue of restraint use

The day will consist of a series of talks on specific topics building on each other with time for comment and discussion. It is not a how-to but a chance to have a more complete understanding of the issue allowing for a better and more complete response.

*family*

A D V O C A C Y

**Novotel Parramatta Friday June 30**

**Lennox Room**

**9.00am until 4.30pm**

**Morning tea and lunch provided**

**Professionals/Workers \$165;**

**Families/People with disability \$25**

### **MEET DR MARC TUMEINSKI**

Marc has evaluated a variety of human service programs in North America. He has given workshops and spoken at conferences on issues of violence in services, as well as the use of restrictive practices such as restraint, in the US, Canada, Australia, New Zealand, and the Netherlands. He has consulted to a group of family members and human service workers in Ontario (Canada) who are working to bring about an end to the use of, and training in, restraints by human services in that province.



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**(02) 9869 0866 or 1800 620 588**

Family Advocacy is an independent and impartial advocacy organisation that works with families across NSW to promote and defend the rights and interests of people who have developmental disability\*. The organisation is managed and staffed by parents and allies of people with disability who recognise the issues families face and who can assist in strengthening the advocacy of families. \*Developmental disability is a disability that occurs in the developmental period of a person's life (in the period from conception to adulthood) and includes intellectual disability, cerebral palsy, spina bifida, autism, and any combination of physical, intellectual or sensory disability.